Dear Families,
Welcome Back!
Welcome back to 2015. We all hope you have had an enjoyable break filled with sun, family and friends. Some hot weather (hopefully) is still ahead of us, so please remember to wear your sun smart school hats. Another action packed term has been planned academically, socially and physically. This year we are focusing on our school value of Resilience during our SMILE sessions.

Wellbeing
Maria Roberto presented research on positive psychology to all staff member on Wednesday last week. She was engaging, informative and very thought provoking. It was very reassuring that many of our current practices promote wellbeing and prevent mental ill health. We are all very excited to adopt some further practices. The statistics of mental ill health in Australia are quite alarming, but we all felt reassured of how we can continue to build wellness. It is important for all of us to exercise our minds, as well as our bodies. Parents have a crucial role in building resilience in their children. Too often we look at the world through a deficit model, rather than an optimistic one. Asking a child (or yourself) what went well instead of what went wrong, is sometimes all it takes to shift your mindset. Keeping a gratitude journal, or writing down 3 good things that happened to you and why can also shift the negative bias. Current research indicates that language directs our neural thinking. When you focus on increasing the frequency of optimistic language it changes your neural patterning. Just using words such as I can, I will put in the time, it feels, I will start it now, thank you brain that was unhelpful thinking, rather than its too hard or I will get to that later.

The theory of Wellbeing is based on the work of Martin Seligman. He has developed the PERMA pillars. He states you need all five pillars in order to flourish and have optimal mental health.
P- Pleasant Life (positive emotion, feeling well)
E-Engaged Life (positive character, strengths)
R-Relational Life (other people, building social capacity)
M-Meaningful Life (core motivations, purpose, meaning)
A-Accomplished Life (strive to achieve, goal attainment)

SMILE/ Assembly 2015
Assembly will be weekly, starting on Monday February 9. SMILE sessions will occur after assembly on a Monday morning. The focus this year is on building Resilience. SMILE sessions will be delivered weekly, by class teachers to their own group of students. The content will be the same across the school each week, but will be tailored to the developmental level of each group of students. The Prep to Year 6 multiage grouping will continue to meet once or twice a term, but will be activity based. For example, the students will learn about optimism in their class groups for 5 weeks and then meet with their multiage SMILE group to complete a whole school activity to do with optimism. We are optimistic about our modified approach to our SMILE sessions. This will allow us to tailor content in a more meaningful and authentic manner, but also continue to build relationships across year levels to promote a sense of community. The key message is your wellbeing is your responsibility and you give it as a gift for others to enjoy.

Welcome to our New Prep Students and Families
Our new Prep students began school on Monday February 2. The transition has been very smooth for all 95 students. This week they have their lunch and recess earlier than the other students to help familiarise themselves with the equipment and the playground. They will also go on a tour of the school. The first aid room is the most important place they can locate. Prep students will be attending their first assembly on Monday March 2.

School Captains
Congratulations to Alexandra C and Curtis C who have graciously accepted the School Captain positions for 2015. Both are very eager to begin the role and represent Ashburton Primary School.
Diary Dates

TERM 3

Wednesday 4 February
Preps DO NOT attend school

Monday 9 February
Assembly
School Captains

Tuesday 10 February
School Photos

Tuesday 10 February
Year 5 Parent Info
Evening 6.30-7.15—Hall

Tuesday 10 February
Year 6 Parent Info
Evening 6.30-7.15
Performing Arts Room

Wednesday 11 February
Vege Patch Home Grown
Market Stall
3.15pm Plaza

Friday 13 February
Second Hand Uniform sale
3.15pm foyer
outside PA Room

Monday 16 February
Assembly -House Captain badges awarded

Monday 16 February
GIDSSA Swimming
Selected students only from 2014 trials

Wednesday 18 February
No Preps at School

Wednesday 25 February
No Preps at School

Icypoles will be sold every Friday
lunchtime 1 per child
for 50c each starts
this Friday 6th Feb

ASHBURTON PRIMARY SCHOOL

House and Vice Captains
Congratulations to the following students who have accepted the positions of House and Vice Captains for 2015.

BRADMAN
Captains: Abigail N Jacob M
Vice Captains: Hannah C Mackenzie R

FRASER
Captains: Amelie M Eddie G
Vice Captains: Josie P Daniel D

GOOLAGONG
Captains: Liv S Artan W
Vice Captains: Victoria G Casey K

LANDY
Captains: Anneliese B Hugh L
Vice Captains: Dominique B Hugh T

School Council Nominations
An election is to be conducted for members of the School Council of Ashburton Primary School. Nomination forms may be obtained from the school office and must be lodged by 4 pm on Wednesday 25 February.
Following the closing of nominations a list of the nominations received will be posted at the school on Friday 27 February.
If the number of nominations exceeds the number of vacancies an election will take place. Ballot papers will be distributed on or before Wednesday 4 March. The ballot will close at 4 pm on Wednesday 11 March.

The first school council meeting will be held on Tuesday 18th March at 7.30pm in the Staffroom.
Each year half the positions (6) on Council become vacant (2 DEECD positions and 4 non DEECD positions).

Last year the following Councillors commenced their two year representative tenure so therefore will continue in 2015:
Parents:
Richard Zvirbulis (Tom and Kurt)
Robert Burns (Ellen and Melanie)
Heather Miller (Angus and Patrick)
Sarah Quin (Maddy, Cecilia and Lauren)
DEECD Employees: Julie Gilbert and Michelle DiGiovanni.

This year the following Councillors complete their two year tenure:
Joyce Chan (Gareth and Owen),
Rob Sleath (Elodie and Oscar)
Fraser McLisky (James, Ben and Lachlan)
Sonia Alsop (Jack and Ben)

DEECD Employees: Natalie Nelson and Cathy Wright.
Nomination forms are available from the office.

Natalie Nelson
Principal
Some Important Diary Dates for 2015

10th February: School Photos
9th March: Labour Day Public Holiday (No School)
22nd March: School Fair
24th March: CURRICULUM DAY (Students do not attend school)
24th March: Parent Teacher Interviews 12-8pm
27th April-1st May: Year 6 Camp
8th May: Mother’s Day Stall
18th May: Education Week
9th-12th June: Year 5 Camp
20th August: School Sports-Ashy Olympics
4th September: Father’s Day Stall
2nd November: CURRICULUM DAY (Students do not attend school)
3rd November: Melbourne Cup Day Public Holiday
11th December: Christmas Canteen
14th December: Year 6 Graduation

Second Hand Uniform
Please bring all unwanted second hand uniforms to the office, there will be a sale on: Friday 13th Feb.

Years 3 and 4 Swimming Dates
23rd, 25th and 27th February
2nd, 4th and 6th March.
More Information to come.

COMPASS
Compass is the main form of communication between school and home. By now you should have your Login details (Username and Password). If you don’t have these, please contact the Office to receive them. In the coming weeks please check the Newsletter for information on different aspects of Compass that will become available i.e. Attendance, excursion consent.

On the school website, there is a ‘Compass Parent Booklet’ located below the community portal icon. This parent guide is a useful tool to show you how to use Compass and it’s different facilities.

Please login to Compass regularly to stay up to date with important dates and events.

Home Grown Market
On Wednesday the 11th of February 3:15pm, Ashburton Primary Grade 5 students will be helping to sell produce at our Home Grown Market. We welcome you and your friends and family to come and buy fruit and vegetables. Please leave donations of fresh produce only at the office on Wednesday Morning 11th February. All money will go to help our current edible garden grow.

Thank you to the Evans family for looking after the Vegie patch over the holidays.
School Photos—Tuesday 10th February Order envelopes have been sent home. Sibling envelopes can be collected from the Office.

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**Japanese News**

Welcome back everyone. I hope all the students are going to have fun with me in the Japanese lessons this year.

**Main Topic** (Gakusya nohi: Term Topic)

In this term, the students are going to study the following topics:

<table>
<thead>
<tr>
<th>Year Level</th>
<th>Topic</th>
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</thead>
<tbody>
<tr>
<td>Prep</td>
<td>Numbers 1-10</td>
</tr>
<tr>
<td>Year 1</td>
<td>Family</td>
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<tr>
<td>Year 2</td>
<td>Fruit and Vegetables</td>
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<tr>
<td>Year 3</td>
<td>Sport</td>
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<tr>
<td>Year 4</td>
<td>Story – A Giant Turnip</td>
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<tr>
<td>Year 5</td>
<td>Story – The Three Bears</td>
</tr>
<tr>
<td>Year 6</td>
<td>Japanese Stand-Up Comedy</td>
</tr>
</tbody>
</table>

**Lunchtime** (Kyuukyuu: Lunchtime)

Japanese room is open in the first half of lunch on the following days:

- Monday: Karuta Club for Year 8
- Tuesday: Origami Club for Years 4-6
- Wednesday: Japanese Club for Years 1-3

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**Host Family Application Form**

I am planning to have more assistants in my lesson this year. So I am looking for new host families for them. I have attached the registration form, so please fill it in and return it to the office. The parents will make a payment for their stay.

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**Aussie Kids Karate**

**Special Introductory Programme**

ONLY $35.00

Includes

New Uniform

Ring Terry on

9886-9025

© Australian Goju Karate

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**Advanced Life**

**Envelopes and Order Instructions**

From Parents & Family,

Ashburton Primary School Photo Day: 10 Feb 15

School photos are envoys and will be distributed to every student. It is essential that you purchase your child’s photo on the day.

**School Photos are now available for secure online purchase**

- Display photos in envelopes and order your photo by the envelope number.
- Photos will be placed in envelopes and posted to your child’s home.
- Photos are also available for purchase online.

**Sibling/Family Photos**

No envelope required if ordering online.

**Steps to Order School Photos**

1. Select the students, families, and school photos.
2. Select the quantity of photos you wish to order.
3. Select the envelope number for each photo.
4. Add the selected envelopes to your cart.
5. Review your order and select your method of payment.
6. Submit your order.

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**Ashburton**

413 High St

Ashburton

From

4 Years Old

Special Beginner Classes 6 days each week!

Martial Arts Tuition Specialists
Bubble Soccer Championships at Ashburton Primary School

7.45am - 9.00am
Thursday 19/3 - Free
Thursday 26/3 - $15
Contact Eugene for payment

Limited spots available. Participants will be competing for prizes and give-aways.

Contact: Evgeni Routman  |  Email: info@mathmatters.com.au  |  Phone: 0421 711 641
Website: www.mathmatters.com.au  |  Facebook: www.facebook.com/mathmatters1

#studioKids
ART@ABC

a professionally taught weekly Art Workshop for children from Prep to Year 6
technical skills & 2D mediums are developed & explored
all in a friendly atmosphere that aims to foster & encourage creative thinkers

1st Term 2015: 5th Feb - 26 March
4.45 - 6.15pm
to enroll simply email
studiokidsARTatABC@gmail.com
or contact Keren 9885 8210
Cost per term $140, for tuition, art materials & a special Art project
hosted by Ashburton Baptist Church
Marquis Street Entrance
for more info
https://www.facebook.com/studiokidsartabc
Yogafun Club

- Reduce Stress & Anxiety
- Build Confidence
- Sleep Better
- Stronger Bodies

Enrollment forms available at school office.

Book online:
www.aps115.eventbrite.com.au
More info: Call Connie 0408 830 533 or info@yogafun.com.au
yogafun.com.au

LEGOM® Challenge

After-school classes! Holiday Workshops! Lego Birthdays!

Young Engineers LEGO® Challenge after-school classes are hands-on where students will build educational models like amusement park rides, aircraft, transportation vehicles, cranes etc. Through the use of exciting experiments and building originally designed LEGO® bricks models that illustrate Science and Engineering topics your child will have FUN while learning and developing fine motor, visual-spatial and social skills just to name a few. Our programs are designed for children ages 6-12 yrs and are conducted at various locations in Melbourne.

Contact now to find a class near you.
Tel: 0415 967 291 | www.sanemelbourne.legoengineers.com.au
Bec Hill | Clayton | East Malvern | Glen Iris | Wheelers Hill

ASHBURTON PRIMARY SCHOOL
The Department of Education and Ashburton Primary School do not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education and Ashburton Primary School for the accuracy of information contained in advertisements or claims made by them.
<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Prep PMD</td>
<td>Michelle DiGiovanni</td>
<td>Unit Leader</td>
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<tr>
<td>Prep PSW</td>
<td>Sarah Wreford</td>
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<td>Prep PAC</td>
<td>Amanda Callahan</td>
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<td>Prep PVC</td>
<td>Viv Cox</td>
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<td>Prep Support</td>
<td>Dr Cheryl McKenzie</td>
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<tr>
<td>Year 1 1LC</td>
<td>Lisa Crossley</td>
<td>Year 1 Leader</td>
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<tr>
<td>Year 1 1SN</td>
<td>Sonja Newnham</td>
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<td>Year 1 1ET</td>
<td>Emma Thickett</td>
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<td>Year 1 1TD</td>
<td>Trudi Doidge</td>
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<tr>
<td>Year 1 Support</td>
<td>Mary Gibney</td>
<td>Reading Recovery</td>
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<tr>
<td>Year 2 2JB</td>
<td>Josh Brown</td>
<td>Unit 2 Leader and Year 2 Leader</td>
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<tr>
<td>Year 2 2LW</td>
<td>Laura Weston</td>
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<tr>
<td>Year 2 2JH</td>
<td>Jodi Hine</td>
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<tr>
<td>Year 2 2HL</td>
<td>Hiep Ly</td>
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<tr>
<td>Year 2 Support</td>
<td>Tania Hosken</td>
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<tr>
<td>Year 3 3DS</td>
<td>Deb Simpson</td>
<td>Year 3 Leader</td>
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<tr>
<td>Year 3 3CR</td>
<td>Cameron Ross</td>
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<tr>
<td>Year 3 3KA</td>
<td>Kate Anderson</td>
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<tr>
<td>Year 3 3EM</td>
<td>Elyse Mazza</td>
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<td>Year 4 4KH</td>
<td>Kerri Hutcherson</td>
<td>Unit 3 Leader and Year 4 Leader</td>
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<td>Year 4 4DW</td>
<td>Dean Worley</td>
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<td>Year 4 Support</td>
<td>Lori Giannaris</td>
<td>Part time</td>
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<tr>
<td>Year 5 5DF</td>
<td>Di French</td>
<td>Year 5 Leader</td>
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<tr>
<td>Year 5 5LP</td>
<td>Liam Purdy</td>
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<tr>
<td>Year 5 5KE</td>
<td>Kathryn Edwards</td>
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<td>Year 5 5KT</td>
<td>Kevin Terrasson</td>
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<td>Year 6 6MB</td>
<td>Merryn Bevis</td>
<td>Unit 4 Leader</td>
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<td>Year 6 6RR</td>
<td>Rachel Roberts</td>
<td>Year 6 Leader</td>
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<tr>
<td>Year 6 6CS</td>
<td>Courtney Simon</td>
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<tr>
<td>Visual Arts</td>
<td>Amanda Cooper</td>
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<tr>
<td>Physical Education</td>
<td>Scott Bent</td>
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<tr>
<td>Japanese</td>
<td>Kaz Ueno</td>
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<td>Performing Arts</td>
<td>Felicity Jespersen</td>
<td>Music (Part time)</td>
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<tr>
<td>Performing Arts</td>
<td>Miss Georgia</td>
<td>Drama &amp; Dance (Part time)</td>
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<tr>
<td>Library</td>
<td>Dianne Gardiner</td>
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<tr>
<td>University of Melbourne</td>
<td>Cathy Wright</td>
<td>Master of Teaching Fellow</td>
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<tr>
<td>Integration Aide</td>
<td>Liz Whitmore</td>
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<tr>
<td>Integration Aide</td>
<td>Andrea Martyn</td>
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<td>Integration Aide</td>
<td>Jake Chapman</td>
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<td>Integration Aide</td>
<td>Sic Worner</td>
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<tr>
<td>Integration Aide</td>
<td>Heidi Clark</td>
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<tr>
<td>Office</td>
<td>Vicky Williams</td>
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<tr>
<td>Office</td>
<td>Melissa Billington</td>
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<tr>
<td>Business Manager</td>
<td>Trish Griechen</td>
<td></td>
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<tr>
<td>Wellbeing Coordinator</td>
<td>Judy Yorston</td>
<td></td>
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<tr>
<td>Assistant Principal</td>
<td>Julie Gilbert</td>
<td></td>
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<tr>
<td>Principal</td>
<td>Natalie Nelson</td>
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</tbody>
</table>
Welcome Back 2015!

The Grand Fair is less than 7 weeks away and there is still much to do. We have over 45 volunteers working to put the fair together and now we need your help. Over the next few weeks requests from stalls will be sent home; such as Lob-a-Choc chocolate, lollies for the Sweets stall, Bottles for the Mystery Bottle stall and more treasure.

Promotion boards will be up soon and the children should be getting energized as we lead up to the day. Look out for this month’s Fair newsletter. It will be jam-packed with stall information, details on children’s activities and volunteering requests.

Important Dates

Next Fair Meeting:
Thursday 12th February 2015
7:30pm in the Conference Room

Mystery Bottle Free Dress Day:
Friday 20th February

Raffle Tickets Due Back:
Friday 13th March

Fair Date:
Sunday 22nd March 2015

2015 Gold Sponsor proudly supporting Ashburton PS

Office: 282 B Warrigal Rd, Burwood, 3125
Email: info@toptenn.com
Phone: 9830 6618

- The Toptenn Tennis Academy is Melbourne’s largest and most progressive tennis school.
- Whatever your level or interest in tennis, we have a program or opportunity for you.
- All of our instructors are qualified Tennis Australia and/or United States Professional Tennis Association full-time career professionals.
- Tennis Australia coaches are the only coaches globally endorsed by the International Tennis Federation.
- The Toptenn team is passionate about tennis and developing our students in a fun, friendly and challenging environment.
- We hope that all of our students continue to enjoy tennis in some capacity throughout their entire life.

Our motto is: ‘Putting the FUN back into FUNdamentals’

2015 Grand Fair Co-convenors
Amanda Booker: 0418 748 310
Janine Mowat: 0410 444 228
Sue Syme: 0402 471 503
Email: grandfair.aps@gmail.com
ASHBURTON PRIMARY SCHOOL

GRAND FAIR RAFFLE

TICKETS: $2

1st. Apple iPad Mini 32GB Wi-Fi with Cover and a Sharp Slim Audio Micro System PLUS Bonus $100 iTunes Card
Valued over $800. Donated by Sharp Pty Ltd and Graham Watt MP (Member for Burwood)

2nd. SHARP 150W Slow Juicer and Electrolux Lavazza Coffee Machine
Valued at $628. Donated by Sharp Pty Ltd and The Good Guys Chadstone

3rd. Masport 200 ST Push Lawn Mower powered by Briggs & Stratton Engine
Valued at $409. Donated by Ashburton Mowers

4th. $400 Ashburton Flight Centre Domestic Flights Travel Voucher
Valued at $400. Donated by Flight Centre Ashburton

5th. Claude Carrée et Fils Champagne with Chocolates
Valued over $120. Donated by Burwood Cellars

SUNDAY 22ND MARCH 2015

Tickets: $2 each
Drawn at the Grand Fair on 22nd March 2015 at 4pm
Return Raffle Books by Friday 13th March